



November 2014

Meeting with Parish Nurses from Kankakee River Valley, USA

On Saturday 11th October Helen Wordsworth, Elizabeth Welch, Mary Carroll and myself joined with Helen Chigaros and five nurses from Kankakee at the Copthorne Tara Hotel in Kensington. They were on a visit to the UK to Rediscover the Spiritual Element of Nursing, which included visits to St Thomas' and St Bartholomew's Hospitals, the Florence Nightingale Museum, Florence Nightingale's Chapel and Grave as well as trips to Salisbury, Windsor and of course London. The nurses were from different denominations and one nurse was just exploring whether to train as a Parish Nurse having joined the group to help her make the final decision. She did say it had really helped and that she was going to follow it through.

We were met very warmly by our hosts, coffee and pastries! This heralded a day of wonderful food, hospitality, sharing, laughter and prayer. After initial introductions we explained where we were all from, how our individual ministries worked and what future plans we had. After more coffee Helen explained what her plans were for the future of PNMUK and what was happening in Europe especially Ukraine and Germany. She then encouraged Elizabeth and I to explain the research we had performed for our MTH Dissertations, the results of which we are both eagerly awaiting at time of writing. Elizabeth's on Preparing for Death, whilst mine was entitled 'The Role of the Parish Nurse in Crisis Intervention: A Ministry of the Gaps?' using

the Nursing Interventions in the Annual Stats to show the differing roles PNs have and the benefit to client, Church, Community and Statutory Services both spiritually using the biblical principal of Shalom and professionally.

Mary also explained one of her projects, a Therapeutic Garden. This was a garden attached to a house used to accommodate asylum seekers who had become her clients. It had long been an eyesore for the local community and Mary had encouraged and taught them how to clear it and grow flowers and vegetables. She provided tools and seeds and even showed them how to cook what they had grown. It had now become a place of acceptance, relaxation, education and beauty not

just to her clients but also the community. It was a really inspiring message for all of us.

Helen then talked about the need for funding for us in the UK and the differences between Outputs and Outcomes which are what the major Funders are wanting. To help do this she explained that a Cost Benefit Analysis was a good tool to show this and went on to discuss the cost benefits to performing Blood Pressures and the Therapeutic Garden.

After a lovely lunch Helen Chigaros explained to us about Exodus II which is a mix of Biblical Essential Oils used for anointing. We were able to smell each individual oil and were then given some hand lotion into which a few drops of Exodus II was added. (continue on page 2)



From left to right: Helen C., Relda, Jill, Linda, Helen W., Anne, Elizabeth, Linda, Judy, Mary

Visit from PN's from USA (continued from page 1)

We were encouraged to use this to bless each others hands for ministry, whilst a prayer of blessing was recited over us. Helen also told us about the Westberg Symposium and encouraged us all in thinking about attending in the future.

The day ended with the exchange of gifts, thanks and prayer for each other and our individual ministries and the hope and prayer we would all meet again.

It was a lovely day and a real privilege to meet them and hear about their work 'across the pond'. It was interesting to note that despite the distance and cultural differences how similar we all were.

Many thanks to the American Nurses for their kind hospitality.

Jill Eveleigh

South East Regional Coordinator.



Dear friends

**The Queens Nursing Institute Conference Monday 29th September 2014 : Healthcare in the Community
'The power of community nurses:
Partnership, passion and practice'**

Please give thanks that the QNI conference was very successful with 280 community nurses in leadership roles attending it. Helen and I were busy on the Parish Nursing stand from the time of registration at 8.45am until we left the evening reception at 5.45pm.

We had lots of genuine enquiries from Christian community nurses and discussions with others about lapsed church attendance. Several took leaflets away for other people and two said they would like to do it together.

We found people coming to seek us out after looking in the programme at each break and others saying they had to come back because they couldn't get to the stand.

Please keep praying for the contacts we have made and that Parish Nursing will be remembered and considered sympathetically as Helen seeks funding to train more parish nurses.

God is good! With love and warmest regards

Hilary Howard
Parish Nurse, Selsdon Baptist Church



Prayer Focus

- ◆ We give thanks to God for a successful outcome in a funding bid to Crosspollinate. This money enables the Trustees to continue to work towards to employment of a CEO.
- ◆ We thank God for answering prayer for Jane and Peter Cripps in their daughter getting the support she needs with her health.
- ◆ Please pray for Helen as she submits her dissertation in the form of a book for publishing.
- ◆ We give thanks for news from one PN project, where God is working powerfully through a regular service in a residential care home, where people are responding to the gospel with prayers for forgiveness and receiving God.
- ◆ Please pray for Cath in Camborne and Angela in Norwich who were both commissioned in their PN roles on 12th October.
- ◆ Please pray for the PN Induction course running from 3rd to 6th November in Birmingham, for the participants and those providing the teaching.
- ◆ And finally.....a reminder to everyone who is feeling stretched.....shared by the US PN's on 11th October.....

'All you have to do this minute is.....breath'

First Aid Training

Monday 24th November 2014
10.30am to 2.30pm

Freshbrook Church
Worsley Road
Freshbook
Swindon, SN5 8NU

Just off junction 16 of the M4, Freshbrook Church is the location for the next first aid update training for parish nurses and their support team. Ideal for people in the West and South West of England, and only an hour by train from London. Elizabeth Welch will be providing the training.

There is no charge for parish nurses to attend. You are welcome to invite members of your support team or church, and there is a £15 charge for them. Please bring a packed lunch. Drinks will be provided.

Please book your place through Rosalind in the PNMUK office on 01733 233546, or contact Elizabeth Welch for more information. There are 12 places available.

PN Newsletter December /January edition
The deadline for the next edition is **Monday 24th November**.

Please send articles, news and photos to elizabethwelch@westbourneparkchurch.org.uk
Thank you. Elizabeth Welch

 SurveyMonkey™

REMINDER!

Have you completed your SurveyMonkey stats for September? If not, please do so. A link for October stats will be emailed to you early this month. Thank you.

Senior's Holiday Club Burgh Baptist Church



After hearing about this from Alison Cherry last year at the PN Symposium, we decided to give it a go. So this is the second year we have run this club for people in the community over the age of 50, which was run over 3 days in August from 10am to 3pm.

Each day starts with a chillax hour where people can read newspapers or magazines, do jigsaws, or play board games and domino's whilst eating home made scones and drinking tea and coffee. We had various agencies visit us and give talks, including Age UK, Diabetes UK, Crime prevention and the Local Council advising on healthy eating.

We also had foot care and hand massage, and we also had people in to entertain such as a poet, who was absolutely hilarious (In the Pam Ayres mould) and a sing along.

We had a thought for the day, and tracts were left around on the tables. Mandy the Parish Nurse was on hand throughout each session to give health advice and where necessary do blood pressure checks. We also provide a 2 course lunch every day. The afternoon was generally more relaxed with a quiz, or just chilling.

We saw familiar faces that come to the Parish Nursing Surgery and Coffee Morning each Friday but we also saw new faces too, and we were encouraged that numbers were up on the first year. It was an opportunity to be Jesus to our community, and to bring the light of Christ into people lives, whilst caring for the whole person.

Colin Bowden
Pastor at Burgh Baptist Church



News in Brief

Rob Wordsworth completed the Perkins Great Eastern Half Marathon on 12th October, raising money for PNMUK. Rob completed the run in 2 hours and 14 minutes, which is brilliant as he did it just 10 months after major surgery on his foot.

If you would like to support Rob's fundraising, and help PNMUK at the same time, please email him at robert@rhwordsworth.plus.com. If you are a UK tax payer, please also ask him for a gift aid form, and PNMUK will benefit even more. Rob's employers have offered to match the funding he raises, up to £200, which is a real blessing.



Rob on the finishing line

Thank you for your support.



PNMUK Symposium 2015

Our Speakers

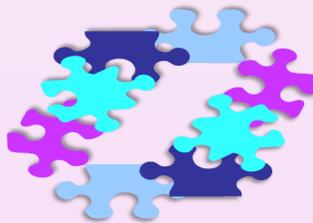
Making connections: in Mental Health

Wednesday 25th March 3pm to
Friday 27th March 2015 1pm

Kings Park Conference Centre,
Northampton

£196 before 10/11/14

£210 after 10/11/14



Revd Professor John Swinton is a mental health nurse, a minister of the Church of Scotland, and Chair in Divinity and Religious studies at the University of Aberdeen.

Dr Jo Hockley is a nurse consultant, with extensive expertise in hospice and dementia care.

Ms Edye Hoffmann is founder and director of Dementia Compass

Revd Stephen Willis is a mental health nurse and lead chaplain for Northamptonshire Healthcare Foundation Trust.

Dr Brian J Stevenson is a Jungian Analyst, as well as an Associate Specialist in Addiction Psychiatry in Leicester.

Bishop Peter is Bishop of the Catholic Diocese of Northampton.

Revd Colin Pye is a Regional Minister in the Central Baptist Association

Fiona Castle OBE is our patron, wife of the late Roy Castle and a well known speaker and writer



Parish Nursing
Ministries UK

P.O. Box 1296

Peterborough

PE2 2NW

01733 233546

To book: <http://www.eventbrite.co.uk/e/parishnursing-symposium-2015-tickets-12001586067>.