



Welcome to Judith Thursby

Hi, I am Judith Thursby and I am currently working as Administrative Assistant three days a week in the PNMUK office in Peterborough. After working for another Christian Charity for the past eight years I am pleased that God has led me to PNMUK to have the opportunity to use my experience to help such an inspired cause as Parish Nursing. So far I am enjoying working at PNMUK and it is great to feel part of a team who do something so worthwhile.



I am married to Chris and we have three teenage children (and a rabbit) who keep me busy. As a member of a Baptist Church I am actively involved in the children's work and help at a mid-week Mums and Toddlers group.

When I get any spare time I love to be outside, either gardening or walking, and I also enjoy painting and flower arranging. Apart from when I went to University to study history I have lived near Peterborough all my life but I do like to travel and see different places.

Special points of interest:

- Florence Nightingale Foundation Scholarships
- Acts 435
- Resources for PN's
- European Parish Nurse Conference

In this issue:

Introducing Judith Thursby	1
Scholarships for Leadership, Research and Travel	2
Introducing Acts 435	3
Resources for Parish Nurses	4
Free London Study Day	4

PNMUK Annual Symposium

Faith Health Ministry – Breaking Through

Parish Nursing Ministries UK Annual Symposium

**KINGS PARK
CONFERENCE
CENTRE**

**Northampton
NN3 6LL**

**8th to 10th March
2016**



The Florence Nightingale Foundation Scholarships

2016-17 Scholarships now OPEN



The Florence Nightingale Foundation raises funds to provide scholarships for Nurses, Midwives and Health Visitors, to enable them to extend knowledge and skills, and to promote innovation in practice.

All available scholarships are a chance for nurses and midwives to better their professions, advance their own career, and ultimately are an opportunity to contribute to the improvement of care of patients and users in the UK.

Leadership Scholarships of up to **£15,000** are available for those who want to become leaders with the skills and self-confidence to contribute positively and with some significance to the rapidly changing world of healthcare.

Research Scholarships of up to **£5,000** are available for scholars to undertake a course in research methods, research modules or a dissertation/thesis as part of an academic course of study. All of these must be able to demonstrate impact on patient care and be academically supervised or supported.

Travel Scholarships of up to **£5,000** are a real opportunity to study practice elsewhere in the UK and/or overseas to enhance patient/user care in the UK. These scholarships are awarded for projects connected with the applicant's field of work and which will benefit their patients/users and the professions more widely.

Research and Travel Scholarships are available to Nurses and Midwives who have current registration with the NMC and who work and are resident in the UK. Leadership Scholarships are additionally available to all registered healthcare professionals who have current registration and are resident in the UK.

For further details on the criteria for application and how to apply for a scholarship or on the work of the Foundation, please visit our website www.florence-nightingale-foundation.org.uk or contact us at:

The Florence Nightingale Foundation
34 Grosvenor Gardens,
London SW1W 0DH
Tel: 020 7730 3030
Email: admin@florence-nightingale-foundation.org.uk

Prayer for Mother's Day

Gentle, Patient God

Today we thank God for the gift of mothers and mothering across the world. Isaiah wrote that God is a mother to us, comforting and carrying us in his arms. *As one whom a mother comforts, so I will comfort you - Isaiah 66:13.*

Gentle, patient God - thank you for your tender care.

Isaiah also wrote that God will never forget us and that he knows each one of us just as a mother knows her own children. *Can a woman forget her baby at her breast, feel no pity for the child she has borne? Even if these were to forget, I shall not forget you. Isaiah 49:15*

Gentle, patient God - thank you for your tender care.

David wrote that in God's presence, he was quiet and at peace, trusting his God like a child safe in its mother's arms. *No I hold myself in quiet and silence, like a child in its mothers' arms. Psalm 131:2*

Gentle, patient God - thank you for your tender care.

Jesus spoke of himself as a mother, longing to wrap his arms around us like a mother-hen gathering her chicks under her wings. *How often have I longed to gather your children together, as a hen gathers her chicks under her wings... Matthew 23:37*

Gentle, patient God - thank you for your tender care.

<http://www.makeamothersday.org/>

Medical Supplies Request- please bring to Symposium

If nurses have any of the following, we would be most grateful: in-date dressings; syringes, any sizes; connection tubing for syringe-drivers; paediatric equipment, especially naso-gastric tubes and oxygen masks. People have asked me about catheter bags, and I would say these are only useful if you have catheters too. I don't take medicines out, but last time I did take some catheterisation gel, and the nurse I gave them too was thrilled! Thanks so much. Blessings Chris Foster



HealthTree Uganda

Supporting healthcare | Growing communities



Prayers for Easter

When everything was dark
and it seemed that the sun would
never shine again,
your love broke through.

Your love was too strong,
too wide,
too deep
for death to hold.

The sparks cast by your love
dance and spread
and burst forth
with resurrection light.

Gracious God,
We praise you for the light of new
life
made possible through Jesus.
We praise you for the light of new
life
that shone on the first witnesses of
resurrection.
We praise you for the light of new
life
that continues to shine in our hearts
today.

We pray that the Easter light of
life, hope and joy,
will live in us each day;
and that we will be bearers of that
light
into the lives of others.
Amen.

Revd Michaela Youngson
<http://www.methodist.org.uk/prayer-and-worship/lent-and-easter/prayers-for-lent-and-easter>

Introducing Acts 435

Acts 435 - another way to go that extra mile for people in need

In the early church, those who had resources ensured they were distributed to those in need.

Acts 435 is a charity that seeks to bring that to the modern day and connect those who want to help with those in need through its website (www.acts435.org.uk<<http://www.acts435.org.uk>>). Thanks to church advocates (and loyal donors) this is possible.

Parish nurses are working with people from all different ages and backgrounds, some of which are in need. Acts 435 is a real resource for you to provide some additional help where finances are tight.

Perhaps someone needs to eat more healthily but you discover they cannot afford to repair their cooker. Perhaps someone needs to get more exercise but their budget can't stretch to a swimming or gym pass. Maybe it's just the impact a break away might have on their well-being - but they need help with the travel costs to go and visit a friend.

Acts 435 donors have helped these similar situations and many others by giving the money so that you can purchase the item for the person in need. In fact 95% of requests posted on our website are met in full and over 6,000 people have been helped since it began in 2010.

You could become the Acts 435 advocate and post requests yourself onto our site, or find someone else in your church who could take on that role and you can refer the specific requests to them. Find out more here: <http://acts435.org.uk/how>



Free and easy to use. Contact Director Jenny Herrera jherrera@acts435.org.uk or on 07703 453862 for more information or to get signed up straightaway and start posting requests. Requests are capped at £120 but you can post up to 3 requests per year per household.

Jenny Herrera



'...giving to anyone who has need.'
www.acts435.org.uk



Apply to your local Church...



An Advocate verifies your request...



Your request is posted on Acts 435...



Donations are made through the site.

How it works



Parish Nursing
Ministries UK

Whole Person
Healthcare Through
The Local Church

26 North Street
Peterborough
PE1 2PA

Tel: 01733 233546
Website: www.parishnursing.org.uk
E-mail: enquiries@parishnursing.org.uk

Please send your stories, news
and announcements for the
April edition to Elizabeth Welch
by 23rd March.

elizabeth@wpbc.co

Study Day

New Models of Care Working
Together for a Healthy London

23rd March 2016

10.00-16.00

London Metropolitan University
Great Hall, The Rocket Complex
166-220 Holloway Road
London N7 8DB

This free day conference will
consider some of the challenges
and opportunities for the
Voluntary, Community and Social
Enterprise sector to work
together to design and deliver
services to improve the health of
Londoners.

It will consider the NHS's Five
Year Forward View, which
focuses on prevention and
patient centred interventions,
looking at the opportunities for
co-producing and commissioning
new models of care
interventions. More details
available at
[http://civi.lvsc.org.uk/civicm/
event/info?reset=1&id=872](http://civi.lvsc.org.uk/civicm/event/info?reset=1&id=872)

Resources for Parish Nurses

Here are some health based Christian projects that it is helpful to be aware of in order to make referrals.

The Taste Life programme, co-founded by Di Archer, works with those struggling with eating disorders and their carers. This is also developing as a community franchise and has been replicated a number of times. More details can be found here: <http://www.tastelifeuk.org/>



Intentional Health helps churches run a 10 session programme to help local people live healthy lives including Live a healthier and happier life... eat healthier and maintain a healthy weight... have more self control... break or create new habits.... worry and stress less.... set goals that work... be more physically active.... live a well balanced life, get more sleep and rest.... enjoy more positive thoughts than negative ones or simply want to generally feel better about yourself, have some fun and enjoy being part of a community group. A short video is available at

<https://vimeo.com/117934920>

European Parish Nursing Conference 2016

Health as an integral ministry of today's European church?

Interested? Then come to the first ever European conference on Faith Community nursing/Parish nursing and find out how it works in different European contexts. The conference is designed for Christian ministers of all denominations, registered nurses and nurse educators, but all are welcome.

Mon Nov 21st – Thurs Nov 24th 2016

Lachen-Speyerdorf Diakonissen Mutterhaus,

Near Mannheim, Germany. <http://www.lachen-diakonissen.de>



The programme will include worship and Biblical inspiration, along with reports from Faith Community/ Parish nurses/Diakonie/Vis a Vis in Finland, Germany, Ukraine, Scotland, England and Wales. Dr Beate Jakob will be our guest speaker on Tuesday 22nd November. Dr Jakob is both a medical doctor and a theologian, engaged in the following activities:

- Health and Healing as interfacing issues
- Church-based health and healing ministries
- Primary health care and participatory methods in assessment of religious health assets
- Secretary of the strategy group on health and healing of World Council of Churches

There will be plenty of time for questions and exploration of the potential of this ministry for different cultures, a visit to a local expression of faith community nursing, and a trip to the Christmas Market in the beautiful city of Heidelberg.



Cost: 265€ including accommodation in a bedroom with shower and toilet, and all meals. An extra night either side can be booked for 60€ per night.

Book via this link before March 15th 2016 for a very early-bird rate of 195€, or before July 31st 2016 for an early bird rate of 235€ Single room occupancy 35€ extra.

<http://www.vis-a-vis-international.org/2016/11/24/>

This conference is organised by the European network of the international Parish Nurse Resource Center's World Forum.



Rev. Dr Helen Wordsworth

Angela Glaser, M.A.

